



## 2023 Texas AAU Youth Football/Cheer League Bylaws

TXAAUYFL's mission is to provide a safe, healthy, and enjoyable environment in which to learn football and cheerleading fundamentals, sportsmanship, self-pride, discipline and team spirit. Coaches will be expected to accomplish this objective with their best efforts in training and maximizing playing time for all team members.

TXAAUYFL bylaws are in place to facilitate the achievement of the leagues mission. They are not intended and do not intend to be a perfectly written legal document. As such, TXAAUYFL reserves the right to overrule any attempt to circumvent the intention of these bylaws, as designed by the TXAAUYFL League Committee, through the use of semantics or any alternative interpretation of the written word of these bylaws.

Texas AAU Youth Football League does not discriminate on the basis of race, gender, color, sexual orientation, disability, gender expression, religion, nation of origin, or disability.

**The articles contained in this document establish guidelines for managing the business operations of TXAAUYFL and the rules governing the members.**

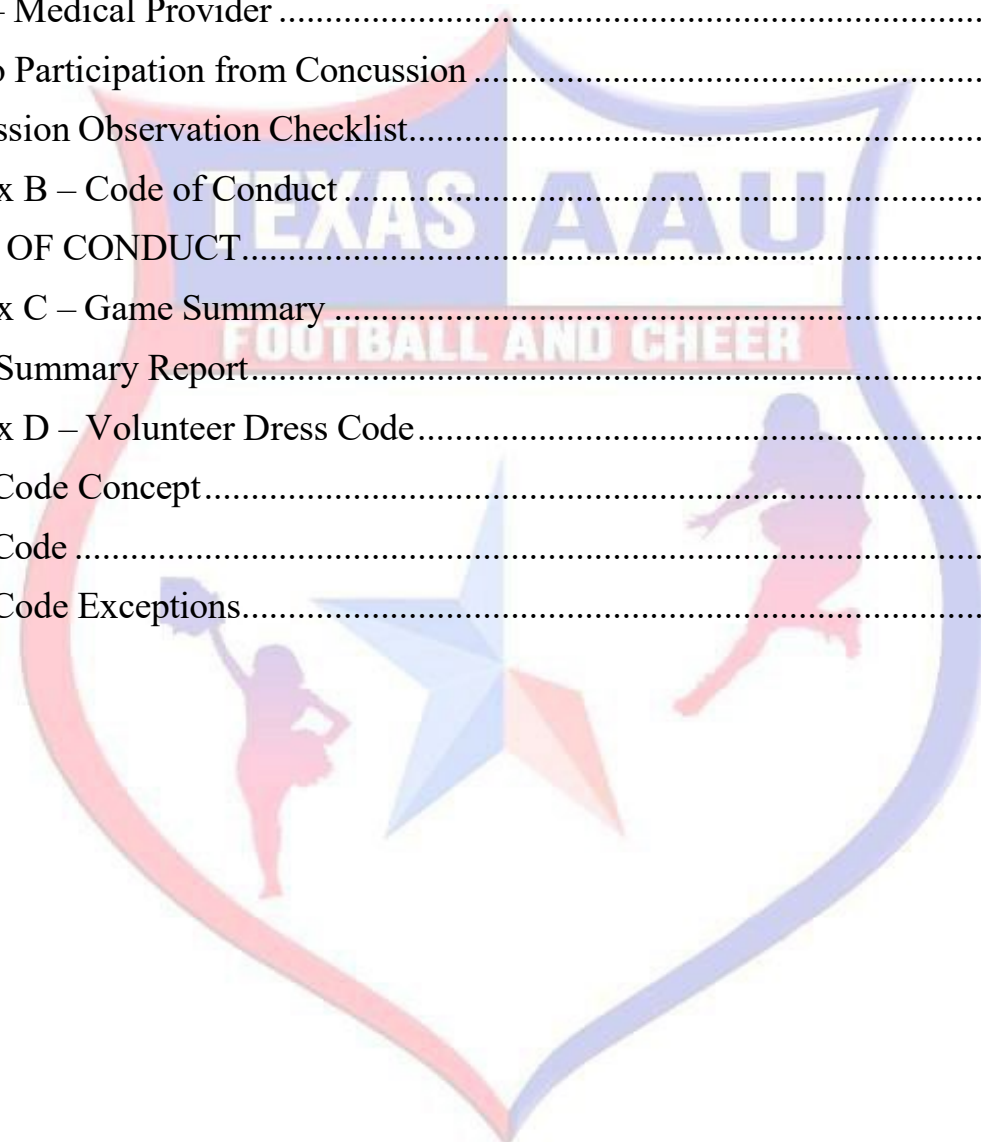
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TXAAUY

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## **Athlete Age Requirements & Eligibility**

Athletes maybe male/female, between the ages of 4 to 14 years old (football/football cheer/dance). Age is determined by **age on August 1 of the current season**. There is no weight limit for participants. All athletes must maintain participation on the registered team for the duration of the scheduled season. Once an athlete has signed with a club/organization said athlete is committed to the team of record. Athletes may only transfer from another club/organization with a written release from the Director/President of their current club/organization of record. Athlete/club/organization in violation of this rule will be subject to disciplinary action not limited to probation, forfeit of games, and/or forfeit of eligibility for the current season.

Teams may not add any additional athletes after the final certification. The Executive Committee upon review shall only allow the addition of players if a team **drops below 15** due to injury, military family duty change, parent job relocation, etc.

**Identification cards will be void and must be returned to league certification officials for any removed athletes. Once a team drops below 15 athletes, teams will only be allowed to add players to establish a roster of 15 total.** If the dropped player returns to the roster, the added player shall be placed on reserve. Their identification card must be returned to league certification officials. To be eligible to participate in the playoffs, a player must play in at least 4 games during the regular season.

## **Dual Participation Rule**

Dual participation will not be allowed in TXAAUYFL. Any TXAAUYFL athletes will not be eligible to certify or participate in any other league once certified with TXAAUYFL for the current Fall season. Only exception to this rule will be middle school players who participate in middle school football. Middle school players will be allowed to play in schools sports and TXAAUYFL. Dual participation is not limited to the state of Texas, but also any other leagues nationwide. Once season has started, non-compliances with these rules will be deemed as a violation and the follow actions will be assessed:

- Athlete will be suspended for the remainder of the season.
- Age Division Team will forfeiture all games the athlete participated in during the season.
- Any organization that has allowed the play of an illegal player, will be placed under review by the TXAAUYFL Executive Committee. Organization will be put on probation for the following season. Additional infractions may result in removal for the league.

## **Volunteer Eligibility**

All volunteers must be certified each year according to AAU standards and in a method to be determined by TXAAUYFL. Volunteer identification badges will be issued to each **certified** volunteer by TXAAUYFL. It is the responsibility of each volunteer to find out from their organization the date, time, and location for their organization's certification and/or training. Volunteers working the sidelines as chain crew, down marker, etc. must be at least 16 years of age. This includes all media and medical staff. Organizations found to have uncertified volunteers participating in any official TXAAUYFL activity or event will be in violation of TXAAUYFL Bylaws. TXAAUYFL does not and shall not discriminate based on color, race, gender, religion, gender expression, disability, sexual orientation, or nation of origin.

## **League Registration & AAU Membership**

- A. Clubs/Organizations league registration fees are established by the Executive Committee prior to open registration. Clubs/Organizations can register via [www.TXAAUYFL.com](http://www.TXAAUYFL.com).
- B. AAU Membership must be done via the AAU National designated site [www.aausports.org](http://www.aausports.org). All coaches/players/cheerleaders/ medical staff/team support staff must have an AAU membership.

## **Certification**

All athletes and volunteers must be **certified** prior to the beginning of each season.

Options:

- Texas State ID/ State ID
- Military ID
- Passport/or Passport Card
- Tribal ID

Any organization(s) found with ineligible players, are subject to fines, forfeiture of games, and/or probation. An ineligible player is defined as any player that is over the age limit listed for league play and does not meet league requirements. Once certification is completed, TXAAUYFL identification cards will only be issued to staff that have completed the national AAU background check. If an AAU number has not be issued, TXAAUYFL Certification Coordinator will keep identification card until AAU number is issued. Lost, stolen, or misplaced TXAAUYFL identification cards will cost \$25 to replace.

## Safety

All football divisions will follow the guidelines set forth by USA Football which is the National Standard. Refer to Appendix A – Concussion.

## Team Composition

Teams can have no more than 35 players per football team (age division). There will be no exceptions to this rule. There is no rule on limited play; it will be up to the organization to provide as much playing time as possible for every athlete. However, it is highly recommended that each player plays a minimum of four downs in all scheduled games. Football Cheer and Dance do not have a limitation to the number per squad as long as there are enough coaches for the number of cheerleaders and dancers.

## Football & Cheerleading General Guidelines

TXAAUYFL will use the current year approved TXAAUYFL Rules of Play for all flag and tackle football games. **Any organization that anticipates forfeiting a game will need to inform the opposing team and TXAAUYFL Executive Committee by 5pm the Tuesday prior to game day. Failure to notify the before mentioned entities will result in a fine of \$150 per game. All fees will be collected by the league and transferred to the opposing team. Any organization/team that does not pay the aforementioned fees will forfeit their playoff eligibility. Home teams may not schedule their first game before 10:00am, when hosting a visiting team that is traveling one (1) hour or more. Alternating any structure or rules of play due to weather or facility access must be approved by an TXAAUYFL Executive Committee member.**

All National and invitational events are governed by the rules of sanctioned competition.



## **Lightning**

This policy goes directly to the safety of the participants/spectators and as such leaves no room for interpretation or noncompliance. Failure to comply with this policy, either as individuals or teams/organizations will result in TXAAUYFL restrictions and/or fines up to and including expulsion from all league and organization sponsored events. Facilities may have their own guidelines regarding lightning. Facility guidelines supersede TXAAUYFL's lightning policy.

Reference Rules of Play.

## Social Media

Social Media can be a great way to promote your organization and TXAAUYFL, however use of this outlet to belittle, demean, or disparage any team or athlete is considered unsportsmanlike. It will be the responsibility of each club/organization President/Owner to govern their staff and set the example. Any individual (President, Owner, staff, volunteer) that presents a negative impact on development of this league or abuses social media maybe subject to disciplinary action not limited to suspension, probation, and/or removal from this league.

## Conduct

Each organization is responsible for providing a safe, pleasant, and trouble-free environment for visitors and teams. Organizations shall take appropriate action to control conduct problems including, but not limited to the following:

- Use of alcoholic beverages
- Physical Misconduct
- Theft and Vandalism
- Possession or use of illegal drugs
- Verbal Misconduct
- Illegal Parking
- Trespassing
- Dangerous Driving
- Use of tobacco products

TXAAUYFL reserves the right to ban any person or persons who endanger the safety of others participating in the program or anyone that participates in behavior that is deemed otherwise inappropriate or detrimental to any TXAAUYFL organization. In order to ensure participant safety, **any team receiving two (2)** unsportsmanlike conduct penalties on their spectators shall immediately forfeit that

game. Continued unsportsmanlike conduct by those spectators may result in further actions including, but not limited to fines and/or probation by TXAAUYFL.

### **Code of Conduct Policy**

Refer to Appendix B – Code of Conduct Policy. Violations of Code of Conduct Policy will be reviewed by TXAAUYFL Executive Committee to determine if fines, suspension, and/or probation are warranted.

### **Law Enforcement**

All TXAAUYFL official activities (games, scrimmages, cheer competition, etc.) will have a minimum of two (2) armed certified peace officer or law enforcement on hand. **Law enforcement must be visible on the sidelines or in spectator area during games to allow for proper reaction time if needed.** TXAAUYFL has the authority to request assistance of law enforcement, if necessary, to promote a safe environment.

### **Ejections**

If any member of an organization with the exception of a certified player is ejected from a game by the officiating crew must leave the facility (this includes the parking lot of said event). The officiating crew or TXAAUYFL Executive Committee member **may use law enforcement** as an escort if necessary.

Two (2) ejections in a season by a player, coach, volunteer, or spectator will result in the suspension of that player, coach, volunteer, or spectator for the remainder of

the season. Further action may also be taken at the discretion of the TXAAUYFL Committee. The organization will also be issued a fine of \$200 per person per incident. **Any organization/team that does not pay the fine will forfeit their playoff eligibility.** Any game ejections by any player, coach, or team staff will result in ineligibility to participate in any TXAAUYFL All-Star Competitions.

## Appeals

Restrictions or actions against a member/ organization may be appealed in writing to the TXAAUYFL Committee only by the organization after they have reviewed the facts involved. The appeal shall contain the following:

- Statements of Facts
- Ruling of the organization
- Complainant's/Appellant's position
- Action requested of the TXAAUYFL Committee
- Any legal action that maybe pending
- Other statements supporting complainant's/appellant's position

TXAAUYFL will allow the use of video for the following:

(Example, if player was ejected for targeting video will be allowed to verify the official's ruling)

All Violations of Code of Conduct were action was taken during and TXAAUYFL event.

Submitted video will only be reviewed for specific incidents and/or play from scrimmage that the ejection occurred (ejections or suspensions). Video must be original format and unaltered. All Team Presidents must submit video evidence with in 24hrs of incident for review.

All information will be submitted via email by the filing Organization President to the League Commissioner. In order to prevent frivolous and time-consuming appeals, a \$150 cash bond must accompany the appeal via the online portal. An appeal must be made within 1 day (24 hours) of the action or restriction. If this is

not done, the appeal will not be heard. The TXAAUYFL Executive Committee will review the written evidence and a vote will be taken to determine whether to uphold or rescind the action/restriction. The complainant/appellant will be notified of the TXAAUYFL Executive Committee decision within 2 working days (48 hours) after receipt of appeal. In the event a decision is made in favor of the appeal, the \$150 cash bond will be refunded to the complainant/appellant. If a decision is made in favor of the action/restriction the \$150 cash bond will be deposited too the TXAAUYFL General Account.

## Officials

All Officials must be members (in good standing) of Amateur Athletic Union. Officials should arrive at least 30 minutes prior to the start of scheduled game. No current coach or board member of any TXAAUYFL organization can officiate any TXAAUYFL games. At no time may any organization substitute for the assigned officials.

The minimum number of officials required to begin any game will be **two (2)**. During the regular season flag and tackle require **three (3)** officials. During playoffs, flag is required to have **three (3)** officials and tackle is required to have **four (4)** officials.

Officials will work with the Head coach at each field to ensure the safety of the participants/spectators. Officials have the responsibility and authority to stop any game in case of lightning, thunder, or other events that present an immediate threat to safety.

**Officials will have all sideline staff come to center of field to explain field governance and ensure all sideline staff have visible TXAAUYFL identification cards. If sideline staff does not have TXAAUYFL identification cards, they cannot be on the sideline. There are no exceptions.**

Multiple complaints against the same official(s) regarding safety related issues and/or game/sideline management will result in corrective actions implemented for the official(s). These actions may include, but are not limited to additional counseling, suspension, and/or termination from officiating in TXAAUYFL. Improper conduct by an Official will be cause for termination from TXAAUYFL. Utilize Appeals section for complaints regarding Officials.



The TXAAUYFL Bylaws specify acceptable and unacceptable behavior. Officials will immediately enforce these rules in a professional manner. It is imperative that Officials remain in control of the conduct on the field, but must never allow personal feelings to interfere with the way they enforce the rules or affect their own conduct on the field.

The following are guidelines that TXAAUYFL Executive Officials will follow in all circumstances regarding ejecting athletes, volunteers/coaches/spectators:

- The Officials will direct all activities of the chain crew (down maker, timer, etc.) while on the sidelines
- Misconduct by these volunteers will be corrected by the officiating crew. Misconduct includes, but is not limited to use of profanity, utilizing cellular telephones, inattention to instructions given by officials, interfering with team staff on sidelines, informing opposing team of plays sent in by the coach, any violation of Code of Conduct.

### **Executive Committee Game Day Oversight**

When present, TXAAUYFL Committee members will be responsible for ensuring a safe and sportsmanlike atmosphere both on and off the field to include, but not limited to the spectator areas. Therefore, TXAAUYFL Committee Members and/or League Commissioner have absolute authority to stop any activity and/or game. They may also remove any person from the area surrounding the playing field or sidelines in the event of any non-compliant parent, volunteer, or coach in their opinion, the continuation of play or continued presence of the person violates TXAAUYFL Code of Conduct or host organizations rules.

TXAAUYFL Executive Committee Member's will not interfere with the normal conduct of any game, as that is solely within the jurisdiction of the officiating crew, except as authorized above and to ensure no non-certified personnel are not

on the sidelines. Executive Committee Member's will introduce themselves to the officiating crew when on site prior to the start of each game.

## **Head Coach Game Day Oversight & Book Check**

It is the Head coach's responsibility to review the opposing team's credentials at least (1) hour before the game begins to ensure all players are **certified**. Players can only be certified using league ID Cards. **Screenshots or printouts will not be allowed**. When verifying players, coaches are **NOT** to question players. **Coaches cannot waive this requirement**.

*Reference League Rules of Play Book Check for guidance followed.*

The Head coach of each team is responsible for ensuring a TXAAUYFL Game Summary Report (see Appendix C) is properly completed and all scores submitted to the TXAAUYFL Committee or designated person **by noon the day after each game**. The Head coach of each team must work with the officiating crew to ensure the safety of spectators and participants in the case of lightning or other events that present an immediate threat to safety. **The Head coach of the home team will secure volunteers for the sideline crew** (chains, down markers, clock operator, etc.) prior to the start of the game.

If either Head coach disputes the validity of any player, the Head Official must be informed immediately. The Head official will make note of coach disputing the validity of a player. The Head official will contact his director or a TXAAUYFL Executive Committee member at the **conclusion** of the game. All disputes will be discussed after the game. TXAAUYFL will make the final determination as to whether further investigation is needed.

## **Game Field Requirements**

All proposed game fields must be approved by TXAAUYFL and meet the following minimum requirements:



- Allow for a safe environment
- Utilize barriers (if needed) to establish clear separation between spectators and coaches/athletes; must allow space for law enforcement to move along the sidelines and monitor spectators
- Must not have any cracking/holes due to dry surface or ant hills
- Field of play measures 100 yards (91.44m) long between the goal lines and 160 feet (48.8m) (53 1/3yards) wide

## Volunteer Dress Code

Refer to Appendix D – Volunteer Dress Code Policy. Violations of Dress Code will be reviewed by TXAAUYFL Executive Committee.

## Appendix A – Concussions

### What is a concussion?

A concussion is a disturbance in the function of the brain caused by a direct or indirect force to the head or body. It results in a variety of symptoms and may, or may not; involve memory problems or loss of consciousness.

### What should I do?

Any athlete suspected of having a concussion should be removed from play for the remainder of the game and seek medical evaluation by a physician prior to returning to play. The best guideline is to note symptoms that worsen and behaviors that seem to represent a change in your son or daughter. If you have any question or concern about the symptoms you are observing, contact your family physician for instructions, or seek medical attention at the closest emergency department.

### A person with a concussion MAY:

- Use acetaminophen (Tylenol) for headaches
- Eat a light diet
- Rest (no strenuous activity or sports)
- Use ice pack on head and neck
- Go to sleep as needed for comfort

### There is NO need to:

- Wake up every hour
- Stay in bed
- Test reflexes

### Do NOT:

- Use computer/text/video games
- Drive while symptomatic
- Watch anything with a screen
- Exercise or lift weights
- Take ibuprofen, aspirin, naproxen or other NSAID
- Consume caffeine drinks

### **Lights Out on Electronics**

The use of computers, TV, phone, video games and texting can delay the brain's healing process. Restriction from using these items as well as avoidance of concerts and loud music may improve healing time. During the next few days, limit TV time and only non-violent programs.

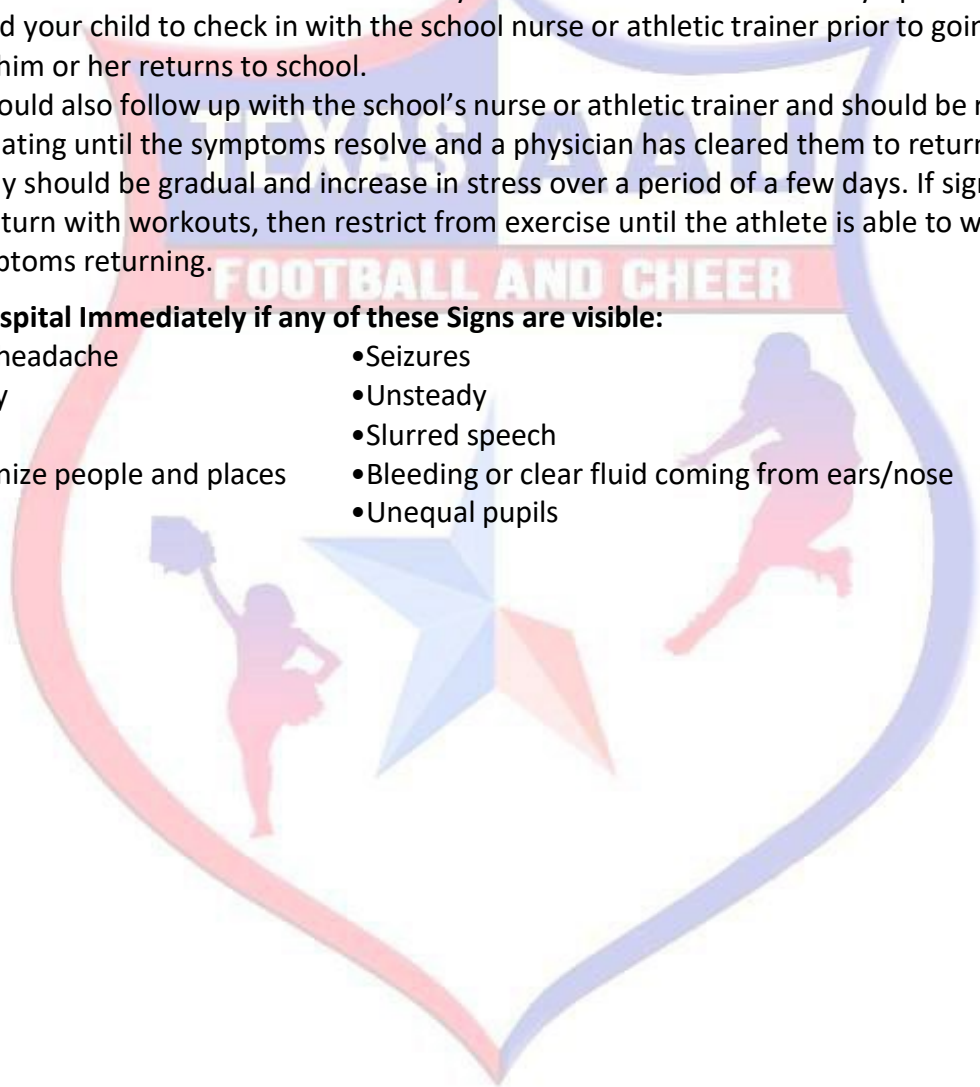
### **Academic Accommodation**

The school administrators (principals, counselors, and teachers) should be contacted and informed that the student athlete has sustained a concussion. Request "academic accommodation" such as excuse from classes and homework for a few days. This should occur until the symptoms diminish. Please remind your child to check in with the school nurse or athletic trainer prior to going to class on the first day him or her returns to school.

Your child should also follow up with the school's nurse or athletic trainer and should be restricted from participating until the symptoms resolve and a physician has cleared them to return to play. Return to play should be gradual and increase in stress over a period of a few days. If signs or symptoms return with workouts, then restrict from exercise until the athlete is able to work out without symptoms returning.

### **Go to the Hospital Immediately if any of these Signs are visible:**

- Worsening headache
- Very drowsy
- Confused
- Can't recognize people and places
- Vomiting
- Seizures
- Unsteady
- Slurred speech
- Bleeding or clear fluid coming from ears/nose
- Unequal pupils



## AAU - Return to Participation Concussion Protocol

Student Name: \_\_\_\_\_ Date of injury: \_\_\_\_\_

Athletes believed to have sustained a concussion are required to follow the AAU concussion protocol. Protocol progression begins at 24-hour intervals if the student-athlete is symptom free at each level. If the student-athlete experiences any post-concussion symptoms during the return to activity progression, activity is discontinued, and the student-athlete must wait 24 hours before progressing.

**Step 1. Light aerobic exercises 5-10 minutes. This step cannot begin until the athlete is no longer having concussion symptoms and is cleared by his physician for further activity.**

Date \_\_\_\_\_ Student signature \_\_\_\_\_ LAT \_\_\_\_\_

**Step 2. A moderate aerobic exercise 15-20 minutes of running at moderate intensity in the gym or on the field without a helmet or other equipment.**

Date \_\_\_\_\_ Student signature \_\_\_\_\_ LAT \_\_\_\_\_

**Step 3. May begin weightlifting, resistance training and non-contact training drills in full uniform.**

Date \_\_\_\_\_ Student signature \_\_\_\_\_ LAT \_\_\_\_\_

**Step 4. Full contact practice or training.**

Date \_\_\_\_\_ Student signature \_\_\_\_\_ LAT \_\_\_\_\_

**Step 5. Written physician statement and AAU Concussion Management Protocol, "Return to Participation Form", with parent signature; are to be returned to an AAU Coach/Official.**

Date \_\_\_\_\_ LAT \_\_\_\_\_

**AAU – Medical Provider**

**Return to Participation from Concussion**

Student Name: \_\_\_\_\_ Date of Injury: \_\_\_\_\_

Treating Medical Provider,

Please complete the following information on this form that will be returned to the responsible party. The above student will only be allowed to return to full participation after receiving written instructions from a physician of his/her choice and completion of the AAU's "Return to Participation Protocol". The five day protocol will begin after the athlete is symptom free for twenty-four hours. The return to participation protocol is listed a separate form (or on the back on this form).

**Return to athletic participation**

**If this athlete DID NOT suffer a concussion, please check the box**

**OR**

The athlete may return to full activity as follows:

Protocol start date: \_\_\_\_\_

\_\_\_\_\_ Upon the completion of the "Return to Participation Protocol".

\_\_\_\_\_ May not return to any activity (follow up visit is scheduled for \_\_\_\_\_).

\_\_\_\_\_ Instructions \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Physicians printed name or stamp** \_\_\_\_\_

**Contact phone number:** \_\_\_\_\_

**Physician's signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

### Concussion Observation Checklist

**Directions:** Athletes who have sustained a head injury and exhibit one or more of the following needs to be immediately removed from participation.

Athlete's name: \_\_\_\_\_

Where injury occurred: \_\_\_\_\_

Date and Time of injury: \_\_\_\_\_

Person contacted and relationship: \_\_\_\_\_

Telephone number: \_\_\_\_\_

Description of incident: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Your athlete should be seen immediately in the emergency room if (Please circle if applicable):

- |                                 |  |
|---------------------------------|--|
| Loss consciousness              | Extreme drowsiness or cannot be awakened         |
| Slurred speech                  | Repeated nausea or vomiting                      |
| Headache that worsens with time | One pupil larger than the other                  |
| Convulsions or seizures         | Difficulty recognizing familiar people or places |
| Weakness or numbness            | Increased confusion, restlessness, or agitation  |

Comments/Details: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Use this observation checklist to monitor athlete's head injury:

Physical Symptoms	0 Minutes	15 Minutes	___Mins before released	Comments
Headache/pressure in the head				
Nausea/Vomiting				
Dizziness/Balance Problems				
Feeling Tired				
Blurred/Double Vision				
Light or Noise Sensitivity				
Numbness/Tingling				
Does not "feel right"				
<b>Observed Signs</b>				
Loss of Consciousness				
Repeats Questions				
Looks Dazed or Stunned				

Physical Symptoms	0 Minutes	15 Minutes	___Mins before released	Comments
Answers questions slowly				
Can't recall events prior to hit				
Can't recall events after hit				
Confused about events				
Shows behavior or personality changes				
<b>Cognitive/Emotional Symptoms</b>				
Difficulty thinking clearly				
Difficulty concentrating				
Difficulty remembering				
Feeling sluggish or hazy				
More irritable, emotional, or nervous than usual				



Resolution of injury:

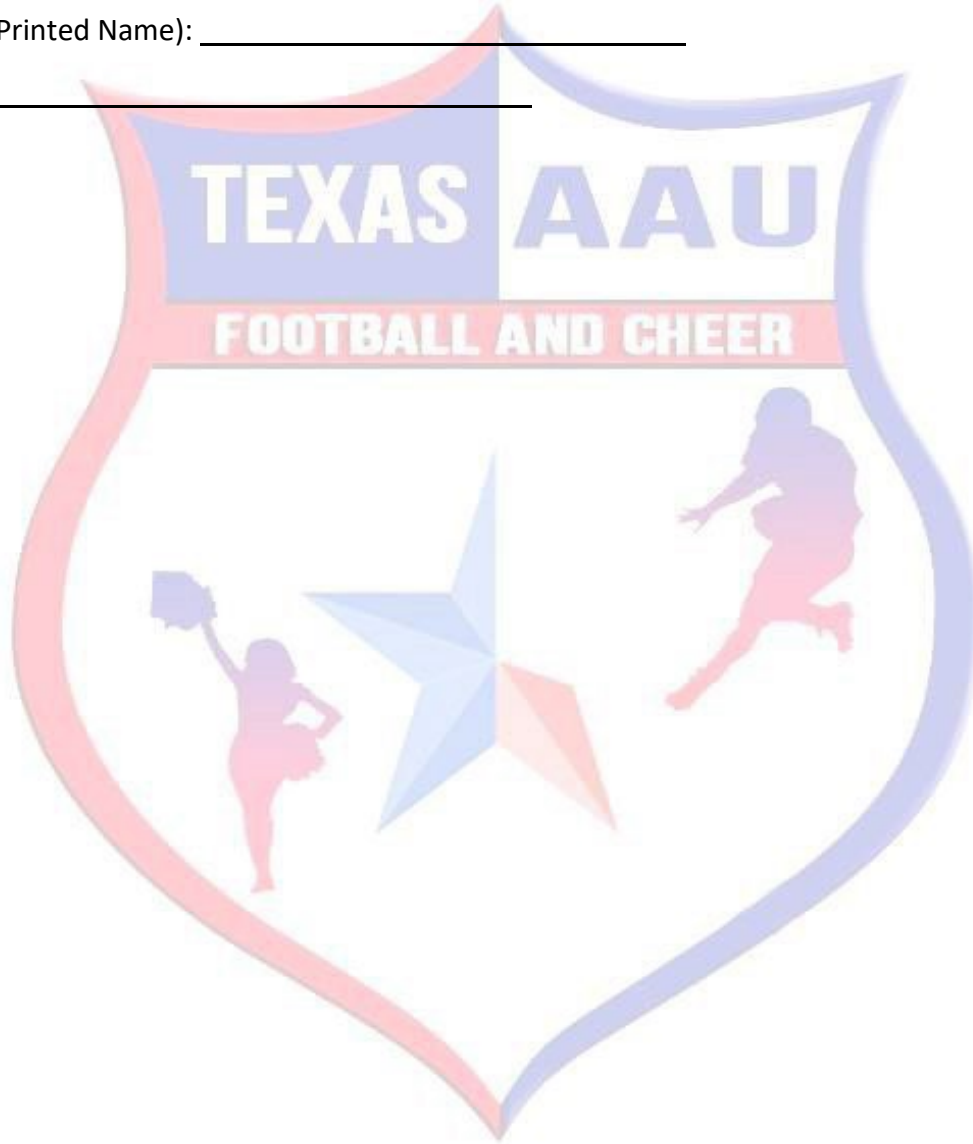
\_\_\_\_ Athlete referred to a healthcare professional with experience evaluating concussions (**with any above box checked, this is recommended**)

\_\_\_\_ Other: \_\_\_\_\_

Released to (circle one): Parent    Guardian    Coach    Other: \_\_\_\_\_

Evaluated by (Printed Name): \_\_\_\_\_

Signature: \_\_\_\_\_



## Appendix B – Code of Conduct

### CODE OF CONDUCT

*\*\*This Code of Conduct applies to all Clubs/Organizations, Coaches, Staff, Volunteers, and Parents. Clubs/Organizations are responsible for ensuring their spectators are aware of this Code of Conduct.\*\**

1. I will not force my child or any child to participate in Youth Football.
2. I will assist the Association in teaching my child and others in the league that rules are important and should be followed.
3. I understand that children learn best by example and that I will always attempt to set a good example for my child and any other participating children.
4. I will teach and demonstrate by example the importance of good sportsmanship in victory and in defeat.
5. I will not publicly question the honesty, integrity, or judgment of the coaches or game officials.
6. I understand that verbal and physical abuse is not to be tolerated. Verbal abuse includes swearing, profanity, and foul or demeaning language.
7. I understand that abusive or violent conduct with any child, parent, staff member, fan, referee, or any participating person is prohibited and shall not be tolerated.
8. I understand that sexual and vulgar language/conduct is prohibited and shall not be tolerated.
9. I understand that language that is considered offensive from a racial, ethnic, religious, or gender perspective is prohibited and will not be tolerated.
10. I understand that sexual harassment of any nature is prohibited and will not be tolerated.



11. I understand that drinking alcoholic beverages, using illegal substances or being under the influence of either alcohol or illegal substances at any AAU activity or sanctioned event is prohibited and will not be tolerated.
12. I understand smoking is prohibited at all AAU games, competitions, and practices.
13. I shall responsibly handle disagreements and shall not engage in divisive or destructive activities such as verbal and physical confrontations; gossip and/or the spreading of rumors.
14. I further accept responsibility for my family members, friends, guests and/or anyone who accompanies me to any AAU games, practice, or other activity, and shall ensure they exhibit good sportsmanship and comply with this Code of Conduct.
15. I agree to not bring my pet to practices or to games.

Print Name & Club/Organization \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_



## Appendix D – Volunteer Dress Code

### Dress Code Concept

A volunteer’s appearance influences how they are perceived. Volunteers should always have a professional appearance. TXAAUYFL requires all certified members to have a professional appearance at all TXAAUYFL meetings and functions.

Volunteers do not only represent themselves. They also represent their organizations and TXAAUYFL. Compliance is not optional.

### Dress Code

Volunteer’s attire must be within the organization’s color scheme or Approved Neutral Colors (black, white, gray, and shades of brown) with the following specifications. Football Cheer maybe dressed differently from football.

“Jean” material of any kind or color is prohibited.

Head Wear	<ul style="list-style-type: none"><li>▪ Hats/visors that are worn must be facing forward</li><li>▪ If logoed must be youth and sport appropriate.</li><li>▪ <b>PROHIBITED</b> bandanas, do-rags, hard plastic or anything similar</li></ul>
	<ul style="list-style-type: none"><li>▪ Must be in organization color scheme or approved neutral colors.</li></ul>

Top Wear	<ul style="list-style-type: none"><li>▪ Do not have to be POLO style; can be T-shirts; must have sleeves</li><li>▪ Do not have to be tucked in</li><li>▪ Compression shirts can be worn under a shirt</li><li>▪ <b>PROHIBITED</b> midriff shirts, tank tops, spaghetti strap tops, see-through garments, suggestive clothing, muscle shirt, wife-beater, overly loose, and too tight.</li></ul>
	<ul style="list-style-type: none"><li>▪ Do not have to be the same style.</li><li>▪ Exact shades are not required but should be close</li></ul>
	<ul style="list-style-type: none"><li>▪ Cheer/Dance personnel must have the same color tops to distinguish them from football</li><li>▪ If an organization plans to have all shirts same color, cheer can something on front/back of shirt to distinguish personnel.</li></ul>

Bottom Wear	<ul style="list-style-type: none"> <li>▪ Any combination of pants, shorts, skorts, shirts, and capris maybe worn</li> <li>▪ Pants and skirts can have cargo pockets</li> <li>▪ Shorts must be no shorter than 4” above the knee. Skirts and skorts be to the knee</li> <li>▪ Compression wear, tights, leggings, and spandex cannot be worn as bottoms but can be worn under clothing if within organization color scheme or approved neutral.</li> <li>▪ <b>PROHIBITED</b> basketball shorts, yoga pants, sagging pants (pants below the buttocks)</li> </ul>
	<ul style="list-style-type: none"> <li>▪ Bottoms must be the same color for all cheer coaches and do not have to match football</li> </ul>
Foot Wear	<ul style="list-style-type: none"> <li>▪ <b>PROHIBITED</b> flip flops, shower shoes, Crocs, slippers, bare feet, or anything similar</li> </ul>
	<ul style="list-style-type: none"> <li>▪ There are no restrictions on footwear colors. Use common sense.</li> </ul>
Grooming	<ul style="list-style-type: none"> <li>▪ <b>PROHIBITED</b> <ul style="list-style-type: none"> <li>▪ Tattoos displaying sex, violence, or gang activity</li> <li>▪ Tasteless or not youth appropriate piercings</li> </ul> </li> </ul>
MISC	<ul style="list-style-type: none"> <li>▪ TXAAUYFL badges must be visible at all times.</li> <li>▪ Logos must be youth and sports appropriate.</li> </ul>

## Dress Code Exceptions

### Work Attire

TXAAUYFL acknowledges that some volunteers maybe working and must leave work to come coach a game then leave and return to work. We appreciate your dedication to your players/cheerleaders, organizations, and TXAAUYFL. With that consideration, TXAAUYFL will allow **Military, Police, EMT, and Fire** personnel to wear their work uniform on the sidelines instead of the approved dress code. This exception is only for members of the above stated groups.

### Cold Weather Attire

There may be times during the cold weather season that additional clothing is needed to keep warm. TXAAUYFL understands this and volunteers are allowed to wear pullovers, sweatshirts, jackets. These items must still be in accordance with organization color scheme or approved neutral colors. TXAAUYFL identification badges must be visible on the outside of the garment.